

Ivanhoe Runners Club Standards



Awards History – 2007 to Present

Tungsten

TUNGSTEN	
Name	Year
Helen Brandon	2018
Marie Miller	2018
Sophie Turner	2019
Faye Burrows	2022

TUNGSTEN

Tungsten Distinction

TUNGSTEN - DISTINCTION

Name	Year
Jessica Southwart	2018

TUNGSTEN

Pewter

PEWTER	
Name	Year
Jayne Bradshaw	2018
Jordan Cope	2018
Sonia Hoult	2018
Janet Joyce	2018
Tim Moore	2018
Paul Averillo	2019
Jane Bland	2019
Pedro Lima	2019
Jessica Southwart	2019
Rachel Thompson	2019
Lindsay Tilbury	2019
James Cain	2023
Jeffrey Cross	2023
Simon Hill	2024
Ellen Bolton	2024

PEWTER	
Name	Year



Pewter Distinction



PEWTER - DISTINCTION	
Name	Year

Copper

COPPER	
Name	Year
Lucy Allsop	2018
Kim Harris	2018
Jenny Hope	2018
Richard Hope	2018
Sarah Malone	2018
Gemma Shaw	2018
Karl Smith	2018
Teresa Talbot	2018
Lindsay Tilbury	2022
Paul Averillo	2022
Alex Gillon	2022
Sophie Turner	2023
Sarah Lewis	2024
James Cain	2024
Sarah Codd	2024

COPPER	
Name	Year

Copper Distinction

The background of the entire page is a close-up photograph of numerous copper coins, likely US pennies, scattered and stacked. The coins have a warm, reddish-brown hue and show some signs of wear and patina. The lighting creates soft highlights and shadows, emphasizing the texture of the metal.

COPPER - DISTINCTION	
Name	Year
Kev Laz	2018
Mandy Morris	2018

Bronze

BRONZE	
Name	Year
Sean Wileman	2007
Stuart Andrews	2007
Chris Osbourne	2008
Nigel Holmes	2008
Ian Kirk	2009
Paul Harris	2009
Cathy Wood	2011
Katie Sewell	2011
Richard Fluck	2011
Alex Tylee-Birdsall	2012
Allie Sturla	2012
Barry Alldread	2012
Mike Sharpe	2012
Sarah Sanganee	2012
Tim Caukwell	2013

BRONZE	
Name	Year
Angela Wheeler	2014
Bev Jones	2014
Chris Finney	2014
Damon Bland	2014
Dave Hobbs	2014
Duncan Ross	2014
Emma Kirtland	2014
Gabby Smith	2014
Jason Green	2014
Kelly Finney	2014
Phil Slocombe	2014
Tim Sturla	2014
Angela Bebbington	2015
Grania Towle	2015
James Cubitt	2015

BRONZE	
Name	Year
Jenny Hope	2015
Lindsay Tilbury	2015
Lucy Allsop	2015
Rich Bebbington	2015
Simon Terry	2015
Louis Barnes	2016
Ruth Cousin	2016
James Cox	2016
Patrick Horn	2016
Hannah Knowles	2016
Mark Parker	2016
Helen Smith	2016
Dave Walker	2016
Jane Bland	2017
Peter Graves	2017

BRONZE	
Name	Year
Mark Hoult	2017
Janet Joyce	2017
Karl Smith	2017
Tom Smith	2017
Andrew Bottrill	2018
Sophie Cooper	2018
James Cox	2018
Mukesh Deva	2018
Karen Hartland	2018
Patrick Horn	2018
Matthew Joyce	2018
Peter Mouncer	2018
Judy Mouncer	2018
Emily Partridge	2018
Victoria Smith	2018

Bronze

BRONZE	
Name	Year
Andrew Stanley	2018
Andrea Trickett	2018
Louis Barnes	2019
Nancy Bennion	2019
Andy Cole	2019
Colin Hope	2019
Roger Western	2019
Suzy Parish	2022
Amelia Monaghan	2022
Sarah Malone	2022
Georgie Smith	2023
Jennifer Hope	2023
Gemma Shaw	2023
Alex Gillon	2023
Andrew Allsop	2023

BRONZE	
Name	Year
Jordan Cope	2023
Lindsay Tilbury	2023
Ismay Mummery	2024
Phil Dunning	2024

Bronze Distinction

BRONZE - DISTINCTION	
Name	Year
Andy Lindley	2013
Ian Kirk	2014
Damon Bland	2015
Jason Green	2015
Lindsay Tilbury	2016
Tim Moore	2017
Mark Parker	2017
Judy Mouncer	2023
Catherine Watkins	2023
Emily Partridge	2023



Silver

SILVER	
Name	Year
Chris Ramsell	2007
Dave Morse	2007
Martin Yeomans	2007
Romain Geyroux	2007
Paula Hough	2008
Andy Jeyes	2009
Catherine Massie	2009
Julie Ward-Rotherham	2009
Heather Swan	2010
Julia Blewitt-Jenkins	2010
Mel Ferrie	2010
Steve Baggott	2010
Teresa Talbott	2010
Elaine Moulton	2011
Mary Gough	2011

SILVER	
Name	Year
Richard Martin	2011
Stuart Douglas	2011
Bob White	2012
Karen Edmonds	2012
Lucilia Evans	2012
Rebecca Enion	2012
Emily Starkie	2013
Fiona McKean	2013
Ian Bolton	2013
Katie Cotton	2013
Kev Wright	2013
Nick Rowles	2013
Phil Stevenson	2013
Ruth Enion	2013
Victoria Smith	2013

SILVER	
Name	Year
Andy Lindley	2014
Gerard Eivors	2014
Helen Horn	2014
Karen Hartland	2014
Kevin Sanders	2014
Maureen Danvers	2014
Mike Trott	2014
Rebecca Wilkinson	2014
Alan Edwards	2015
Bev Jones	2015
Dave Hobbs	2015
Francesca Sinclair	2015
Jackie Williams	2015
Judy Edlin	2015
Karen Edwards	2015

SILVER	
Name	Year
Matthew Joyce	2015
Richard Martin	2015
Sarah Malone	2015
Tracey Powell	2015
Ian Kirk	2016
Emily Partridge	2016
Matthew Pleass	2016
Andrea Trickett	2016
Sarah Terry	2016
Christine Ridley	2016
Laura Collier	2016
Damon Bland	2017
Mark Bradford	2017
Marie Concannon	2017
Ruth Cousin	2017

Silver

SILVER	
Name	Year
Hannah Robbins	2017
Karl Wideman	2017
Fiona Betts	2018
Mark Bradford	2018
Alistair Burgwin	2018
Helen Finn	2018
Andy Lindley	2018
Lucy McDermott	2018
Mark Parker	2018
Matthew Pleass	2018
Emily Wideman	2018
Karl Wideman	2018
Damon Bland	2019
Laura Graves	2019
Matthew Joyce	2019

SILVER	
Name	Year
Peter Mouncer	2019
Bob White	2019
James Ogilvie	2022
Mindy Ashton	2022
Andrew Stanley	2022
Clare Wood	2022
Andy Cole	2022
Suzy Parish	2023
Daniel Bladon	2023
Nancy Bennion	2023
Richard Hampson	2023
Sandra Lawless	2023
Carolyn Osborne	2023
Georgie Smith	2024
Catherine Watkins	2024

SILVER	
Name	Year
Oliver Wideman	2024
Emily Parker	2024
Paul Codd	2024
Jordan Bladon-Cope	2024
Chris Osborne	2024

Silver Distinction

SILVER - DISTINCTION	
Name	Year
Rebecca Hallam	2013
Ruth Green	2013
Fiona McKean	2014
Heather Swan	2014
Kev Wright	2014
Ramzi Sidani	2014
Victoria Smith	2014
Andy Lindley	2015
Anne Newbury	2015
Ian Bolton	2015
Karen Hartland	2015
Mark Eydman	2015
Nick Rowles	2015
Matthew Joyce	2016
Ian Bolton	2018

SILVER - DISTINCTION	
Name	Year
Alastair Burgwin	2019
Mark Parker	2022
Paul Woods	2022
Sandra Lawless	2024
Amelia Monaghan	2024

Gold

GOLD	
Name	Year
Andy Hough	2007
Carolyn Osborne	2007
Lesley Jones	2007
Pete Mann	2007
Brian Stout	2008
Ruth Shaw	2008
Laura Graves	2009
Clare Fowell	2010
Trish McPherson	2010
Ivor Davies	2011
Amanda Bradbury	2012
Lynda Revill	2012
Sally Jeyes	2012
Julia Blewitt-Jenkins	2015
Mel Ferrie	2015

GOLD	
Name	Year
Craig Hinds	2016
Nick Rowles	2016
Tracey Powell	2016
Victoria Smith	2016
Emily Wideman	2016
Helen Finn	2017
Karen Hartland	2017
Andy Lindley	2017
Ramzi Sidani	2017
Matt Brocklehurst	2018
Nick Rowles	2018
Sue Tait	2018
Shaun Coulton	2019
John Finn	2019
Sally Jeyes	2019

GOLD	
Name	Year
Matthew Joyce	2022
James Cox	2022
Paul Woods	2023
Mark Parker	2023
Karl Wideman	2024
Robert Eaton	2024
Matt Pleass	2024

Gold Distinction

GOLD - DISTINCTION	
Name	Year
Andy Jeyes	2013
Becca Hobbs	2014
Lynda Revill	2014
Laura Graves	2022
Mark Harriott	2022
Mark Parker	2024
Emily Wideman	2024



Diamond



DIAMOND	
Name	Year
Alistair Chambers	2007
Dawn Pearson	2007
Laura Johnson	2011
Karen Bell	2012
Clare Fowell	2014
Laura Graves	2014
Eliza McDermott	2017
Andrew Jeyes	2018
Ramzi Sidani	2022
Laura Graves	2023

Diamond Distinction



DIAMOND - DISTINCTION

Name	Year
Clare Fowell	2015

Virtual Standards 2020/2021

TUNGSTEN	
Name	Year
Kim Harris	2020
Jayne Bradshaw	2020
Grania Towle	2020
Matthew Pleass	2021

PEWTER	
Name	Year
Jessica Southwart	2020
Paul Averillo	2020
Sonia Hoult	2021
Lynne Munro	2021

COPPER	
Name	Year
Jane Bland	2020
Jenny Hope	2020
Sarah Malone	2021

BRONZE	
Name	Year
Simon Hill	2020
Bob White	2020
Louis Barnes	2021
Robin Edlin	2021

TUNGSTEN - DISTINCTION	
Name	Year
Kim Harris	2021

BRONZE - DISTINCTION	
Name	Year
Andrew Stanley	2020
Andrea Trickett	2020

Virtual Standards 2020/2021

SILVER	
Name	Year
Fiona Betts	2020
Sandra Lawless	2020
Catherine Watkins	2020
Lisa Hall	2021
Mindy Ashton	2021
Mark Bradford	2021
James Ogilvie	2021
Andrew Stanley	2021

GOLD	
Name	Year
Helen Finn	2020
Lucy Mcdermott	2020
Laura Graves	2021

DIAMOND	
Name	Year
Sally Jeyes	2020
Andrew Jeyes	2020
Mark Harriot	2020
Abby Halcarz	2021

SILVER - DISTINCTION	
Name	Year
Laura Graves	2020
Fiona Betts	2021